



# Monthly Newsletter

July, 2023

Affirmation #22  
for Caregivers

It takes a strong person  
to do what I do,  
and I am proud of myself.

Freedom in Christ

*"If the Son sets you free, you will be free indeed"  
(John 8:36).*

Living in the "land of the free" for many people means that we can do whatever we want, but is this the freedom that Jesus was talking about? When Jesus came to the earth as the Messiah it was to "proclaim freedom" (Luke 4:18). Jesus was setting us free from the slavery of sin and liberating us to walk in relationship with God and be a people that walked in His ways for our good and His glory.

There are many parallels between Independence Day and the freedom that Jesus Christ gives us as followers of Christ. Just as we celebrate and honor the sacrifices that keep our country free, **we should also take time to celebrate and honor God** for the ultimate sacrifice that Jesus gave to give us freedom from sin and death.

Let us use this gift of freedom we have to fulfill the commission we have been given. To love the Lord your God with all your heart, soul and mind and love our neighbors as ourselves (Matt 22:37-39).

Just think what the world would be like when we complete this calling.

-Pastor Steve



## Residents:

Pat D, Scott F, Doris, Kendra, Sally,  
Ron M, Michael, Elena

## Caregivers

Charles, Barbara, Laura,  
Sunde, Pinky

## Prelude Ministries

Pastor Steve

## Housekeeping

Tracy

## In Loving Memory:

MARIANNE S  
JO  
SUSAN L  
SUSAN K





# White Bear Lake Engagement

Pictures tell the story...



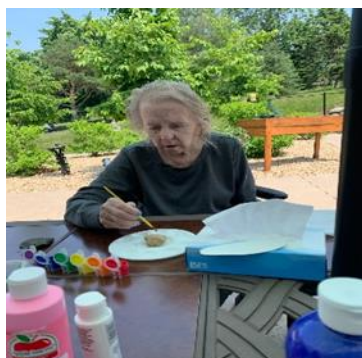


# Woodbury North Engagement

Pictures tell the story...



Nancy grew up with both parents in the Army, her dad being a doctor and her mom a nurse. Following in her mother's footsteps, Nancy attended the Miller School of Nursing and worked as a nurse at St. Joseph's hospital for over 40 years. For those years, she worked in the Chemical Dependency and Detox unit. She married her beloved husband Myron in May of 1967 and just celebrated their 56<sup>th</sup> wedding anniversary. She is a doting mother to three children and a grandmother to eight. In her retirement years, Nancy enjoyed traveling with her husband, spending time with her family, and being outside. Nancy is a positive light in Mercy cottage, socializing with other residents and dancing to the music. We really enjoy having her here at Prelude.

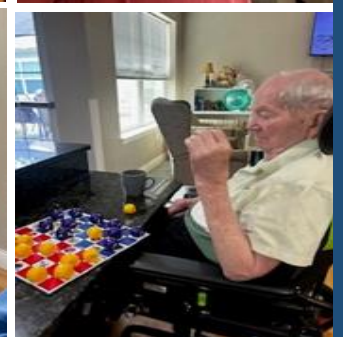
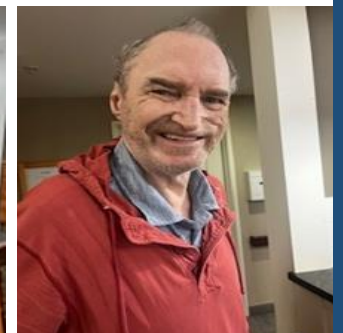
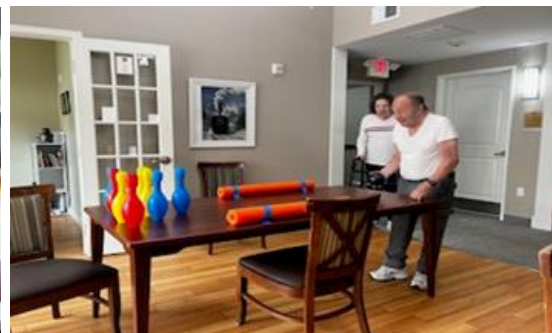




# Woodbury South Engagement

Pictures tell the Story...

Rick was raised by his parents, Harold and Kay, in Crookston, MN but primarily grew up in West Saint Paul. Rick grew up with one sister and two brothers. His childhood was spent outdoors and at his family lake house. Rick graduated with an associate degree from Inver Hill Community College. He then went on to become a concrete mason. Rick loves to share stories of his amazing career. Some of his highlights include his work on the Cabela's stores, the Minnesota Zoo, and many projects around the country. Rick is a true outdoorsman. Some of his hobbies include hunting, trapping and collecting pieces of driftwood. Nowadays, you can always find Rick outside in the sun with a cup of a coffee in hand and a big smile on his face. We love having Rick here at Prelude!







# Horse Visit Day at Prelude!

## AMERICAN HORSE RESCUE NETWORK





# Prelude White Pines

Pictures tell a Story..

Prelude Homes and Services is excited to announce that effective as of June 1st, 2023, we began managing the White Bear Lake White Pines Community located at 1235 Gun Club Rd, White Bear Lake, MN 55110.

As most of you know Prelude has many years of experience and expertise providing high quality Memory Care. We are now excited to be expanding our scope of service and support to include Assisted Living services.

Our mission will remain in creating faith-based communities where elders are valued, and families are "family".

