

# August, 2024 –Woodbury South Cottages

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	Ice Cream Sandwich Day 2	3
				Easy Flow Yoga Arts & Crafts Ring Toss AM/PM Prayer	Seated Exercise Chapel Balloon Ball Nail Salon	Give me Five Card Games Chair Exercises
4	Kristine Knack Bday 5	Keith's Bday 6	7	8	9	Greg's Bday 10
Flex and Stretch Kerie, the cat visits Quarkle game Chapel	Laughing Yoga Bingo Chapel Scripture Reading	Tai Chi Arts and Crafts Movie with Popcorn Nail Salon AM/PM Prayer	Exercise with Sharon Chapel/Communion Connect 4 Game Wild Symphony book reading and music	Easy Flow Yoga Nails Magic Show Dice Game AM/PM Prayer	Seated Exercise Chapel Movie with popcorn Trivia	True or False People Bingo Chair Exercises
Nat'l Bowling Day 11	12	13	14	15	16	17
Flex and Stretch Auggie Swiss Mt Dog Bowling Tournment Gardening	Laughing Yoga Bingo Chapel Scripture Reading	Tai Chi Poetry Movie with Popcorn AM/PM Prayer	Exercise with Sharon Chapel Kinely, the dog visits Scripture Reading	Easy Flow Yoga Mexican Dominos Storytelling AM/PM Prayer	Seated Exercise Chapel Nail Salon Would you Rather	Missing Numbers Chart Puzzles Trivia Chair Exercises
Nat'l Mail Order Day 18	19	Lemonade Day 20	21	22	23	24
Arts and Crafts Chapel Flex and Stretch Gardening	Laughing Yoga Bingo Chapel Scripture Reading	Tai Chi Yellow Arts and Crafts Lemonade Flights Lemon Fun Facts Chaplet of DiviLori J.	Exercise with Sharon Musical Instruments Chapel/Communion Scripture Reading	Trivia Dice Game Easy Flow Yoga AM/PM Prayer	Seated ExercSeated Exercise Chapel Nail Salon	Bingo Puzzles Card Games Chair Exercises
25	Nati'l Dog Day 26	Lori J. Bday 27	Jeff Bday 28	29	30	31
Flex and Stretch Eve the ferret visits Gardening Parachute Game	Laughing Yoga Bingo Chapel Scripture Reading	Tai Chi Nail Salon Movie with Popcorn Acrylic Painting AM/PM Prayer	Exercise with Sharon Chapel Parachute Game Scripture Reading	Easy Flow Yoga Mexican Dominos Storytelling AM/PM Prayer	Seated Exercise Chapel Nail Salon Would you Rather	Mexican Dominos Uno Movie and Popcorn Chair Exercises

