

Residents:

Tom C, Larry F, Rosie,
Greg D, Rich, Judy,
Jim D, Sheryl, Bob R

Caregivers:

Teea, Ingrid,
Luisa,
Isaac A, Zoe

Marketing Assistant:

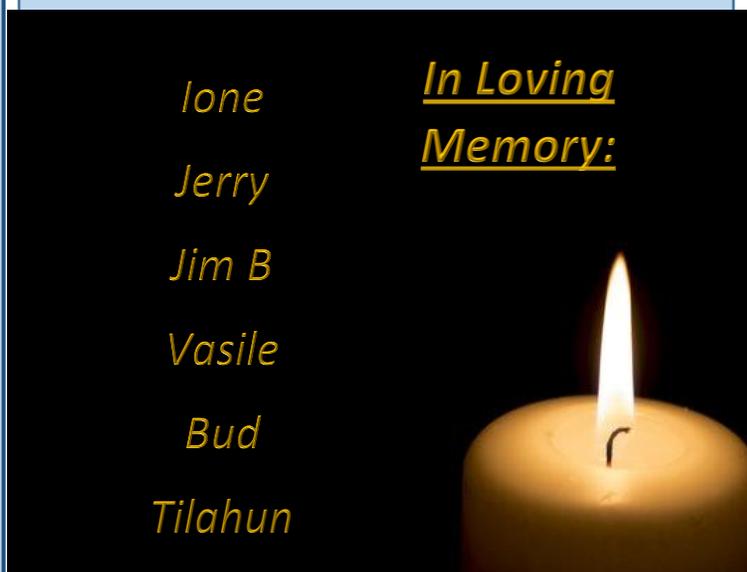
Jacey

I sometimes think New Year's Day comes at the wrong time of year. I'm usually facing a bunch of tasks left over from the old year, like taking down the Christmas tree and putting away all the decorations, writing thank-you notes and dealing with decisions about what to do with the stack of Christmas cards. Throw them away? Save the ones with pictures? Check the addresses? Then there's the thought of trying to catch up with all the work I put off during the holidays. I'm behind before the New Year even starts. "Who can think about new beginnings or inspirational goals in the midst of old concerns?" I asked my husband Lynn as he came in the door. "Let me show you a gift I just received," he said, pulling a package out of his briefcase. On it was a card: "To Lynn. May this gift encourage you in the coming year." It was signed by a friend in his Bible study group. Lynn tore off the paper and lifted out a framed message. The message read:

Lynn, Trust Me. I have everything under control. -Jesus

He set the frame down amidst the clutter on the kitchen counter so I could see that simple message as I went about my tasks. Slowly those words began to change my frame of mind. If I needed something to help me carry my old concerns into the New Year, I'd just found it ... "*Father, each day in this new year, please help me remember that You are in control of everything.*"

By: CAROL KUYKENDALL



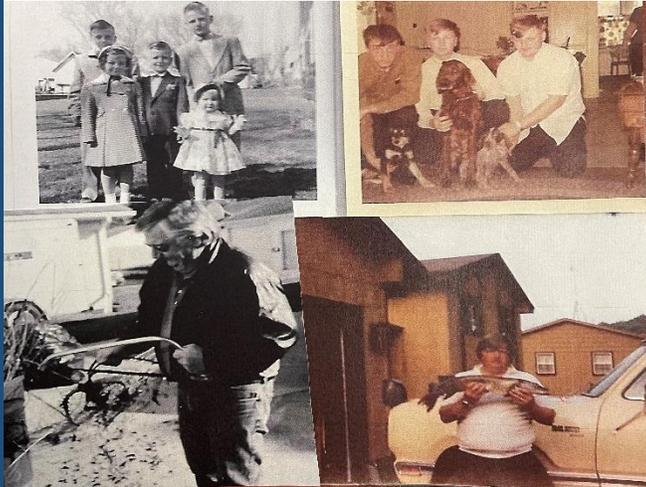
**In Loving
Memory:**

*Ione
Jerry
Jim B
Vasile
Bud
Tilahun*

White Bear Lake Engagement

Pictures tell the story...

Larry- Was born the oldest of six children to Ernie and Dorothy. Larry attended Columbia heights high school and after decided to join the Army which he was in for 3+ years. Larry is known for his love of sweets and being a jokester. Larry's brother was the owner of a McDonalds in Iowa and asked Larry to come manage it. After a few years Larry had turned one of the worst locations into a thriving establishment that was rated third among sales in their region! Larry's interests include watching sports, hunting, fishing, and motorcycles. Larry often talks about his family and grandkids and enjoys when they get to visit. Thank You Larry for being our January Spotlight.



Woodbury North Engagement

Pictures tell the story...



Meet Jim! He grew up around the St. Cloud area on a farm where he lived with his parents, 10 younger siblings, and the family dogs. He spent a majority of his childhood on the farm, helping out wherever needed. Jim met his wife on a blind date, and in January of 1951 they were married. Jim soon after was drafted for the Korean War and is proud Army veteran. Jim has three kids, Jim, Ray, and Julie. After his years in the service, he worked for NSP putting up fences around power plants. Jim loves telling jokes, and if you are lucky enough, you might just hear one! He always has a smile on his face and loves to play Crazy 8's and watch The Price is Right. We are so happy to have Jim here at Prelude!



Woodbury South Engagement

Pictures tell the Story...



Jeff was born in 1956 to Ed and Diane Black. He grew up in Rochester, MN, and worked alongside his parents at their Bowling Alley.

Through his childhood years, Jeff's experience at the bowling alley grew, and he was considered a semi-pro bowler in his community by the time he was an adult.

Jeff started his own family with his first wife, and they had three children. Jeff continues to have a positive relationship with his son Andy, who now has two children of his own (Jeff's grandchildren).



Throughout his life, Jeff had many fun hobbies and pastimes including his love for motorcycles- especially his Harley Davidson. Jeff also enjoyed golfing, going for walks, and a good card game. Jeff is always up for new games and sports. He was even in the Special Olympics as a pitcher!



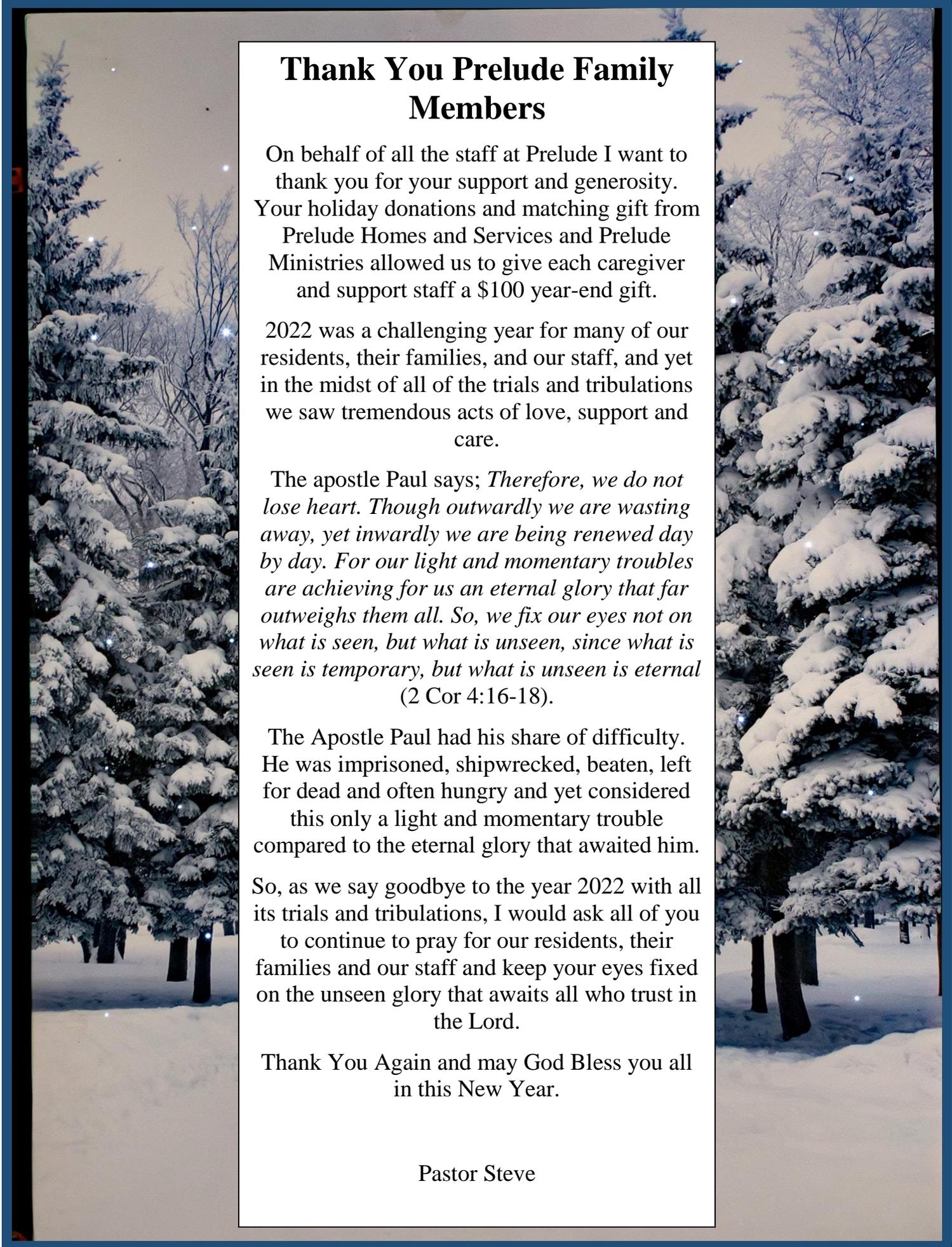
Jeff is a happy, social guy who loves to have a laugh. He is very witty, and if you listen closely, he will crack a joke!

Jeff has been very good at participating in guided activities, crafts, and games! He enjoys it all!



Now, you will often find Jeff taking a stroll around Grace cottage, lounging outside when the weather is nice, and hanging out with his buddies.

Thanks for being our spotlight this month Jeff!



Thank You Prelude Family Members

On behalf of all the staff at Prelude I want to thank you for your support and generosity. Your holiday donations and matching gift from Prelude Homes and Services and Prelude Ministries allowed us to give each caregiver and support staff a \$100 year-end gift.

2022 was a challenging year for many of our residents, their families, and our staff, and yet in the midst of all of the trials and tribulations we saw tremendous acts of love, support and care.

The apostle Paul says; *Therefore, we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So, we fix our eyes not on what is seen, but what is unseen, since what is seen is temporary, but what is unseen is eternal* (2 Cor 4:16-18).

The Apostle Paul had his share of difficulty. He was imprisoned, shipwrecked, beaten, left for dead and often hungry and yet considered this only a light and momentary trouble compared to the eternal glory that awaited him.

So, as we say goodbye to the year 2022 with all its trials and tribulations, I would ask all of you to continue to pray for our residents, their families and our staff and keep your eyes fixed on the unseen glory that awaits all who trust in the Lord.

Thank You Again and may God Bless you all in this New Year.

Pastor Steve