

**The disease might
hide the person
underneath, but
there's still a
person in there who
needs your love and
attention**

*Jesus said, I am the way and the truth
and the life. No one comes to the Father except
through me (John 14:6).*

He is Risen! Hallelujah. The tomb was found empty, which means that the promise of God to send His one and only Son for the salvation of the world is true. That's what Resurrection Sunday is all about. Jesus took our guilt and sin with him to the cross. We have been forgiven and sanctified and we now can live the lives we were called to.

As we enter spring here in Minnesota, farmers prepare the soil for seeds and then wait for the harvest to come. As believers we are called to bear abundant fruit, fruit that will last. God has prepared the soil and provided us with seeds to sow in the lives of others. What seeds of love and hope are you planting in your household and communities this spring? What harvests do you want to see happen in your life and the lives of those you love? Begin to plant the seeds of God's promises in yourself and others and watch how the Holy Spirit brings forth abundant fruit.

*Truly, truly, I say to you, unless a grain of wheat
falls into the earth and dies, it remains alone;
but if it dies, it bears much fruit (John 12:24).*



Residents:

Marlene, Ron R, Catherine, Jean,
Johnny, Nancy, Don R, Teresa K,
Mary Ann, Herbert, Patricia

Marketing Director

Angela E

Financial Services Director

Terri D

In Loving Memory:

Denise

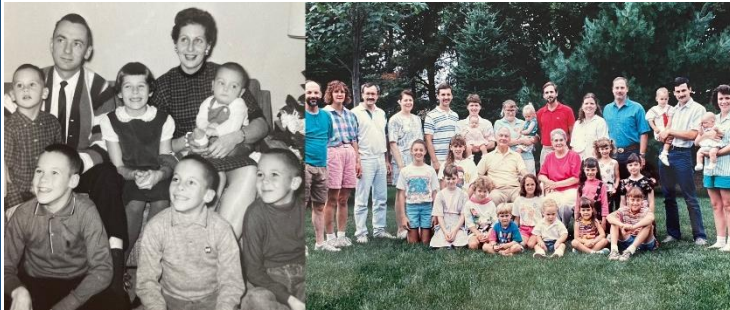
Pat C

Don M



White Bear Lake Engagement

Pictures tell the story... 



Mary Lou and her brother John grew up in New Prague, MN for most of their lives. When Mary Lou graduated from high school she went on to attend St. Scholastica in Duluth to obtain her four-year nursing degree. She loved being a nurse and is known for her kindness and willingness to help others. In August of 1953 Mary Lou married Chuck Dobihal whom she had known before kindergarten! The couple decided to expand their family and together they had six children. Their legacy grew from there, resulting in seventeen grandkids, with fifteen great grandkids and counting. Family has always been an important part of Mary Lou's life and how she raised her kids. Another important part of her life is her Catholic faith. Mary Lou regularly attends chapels and communion here at Prelude. She was active in sewing groups for missions and made bandages for third world hospitals. Mary Lou is a joy to have here at Prelude and her kindness and helpful personality is seen by all. Thank You Mary Lou for being our April Spotlight!



Woodbury North Engagement

Pictures tell the story...



Meet Catherine "Cathy" Geldon! As a child, Cathy grew up in St. James, MN along with her parents, Inez and Clarence, and sister Gayle. Cathy married and raised her 8 children in Inver Grove Heights, MN. She later remarried and lived many years in the house they built together in Hudson, WI. She later worked as a receptionist for a trucking company and a health aid at resident's homes. In her retirement, Cathy enjoyed helping her children with projects, refinishing furniture, playing marbles, and spending time with her children, 35 grandchildren, and 45 great grandchildren. Here at Prelude, you can often find Cathy making a puzzle, chatting with the ladies and staff in Hope, and helping decorate the cottage for the season.



Woodbury South Engagement

Pictures tell the Story...



Happening around Prelude

Day at the Capitol



<https://www.leadingagemn.org/get-involved/take-action/>



Capitol Day

In March, Prelude had representatives from our team attend the 2023 Day at the Capitol!

Hundreds of advocates working in senior care met with Senators and House Representatives to express our concerns regarding the governors current proposed budget and the extreme lack of attention being provided to our seniors. We had the chance to speak with Josh Ney, Governor Tim Walz Policy Advisor, to tell our stories and how the policies being put into place negatively affect our seniors. We are **DEMANDING** that the state of MN see's our seniors as important and valued as our children. Please follow the link below to contact your representatives to demand action for our seniors!